Possible Consequences:
- Excessive squeezing can cause increased hydraulic pressure in the capillaries, resulting in haemolysis of the sample.
- The use of a manual lancet, where the depth of the incision is not controlled could also cause haemolysis.
- Note: Detection of haemolysis in capillary blood is not normally possible.

Corrective Actions
- Do NOT "milk" the finger or heel by using excessive pressure, for example by sliding your thumb along the skin.
- Use a lancet where the depth of the incision is controlled.
- DO NOT scoop up blood which has smeared or dribbled away from the puncture site since partially coagulated blood may cause haemolysis.

References:

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